## 監修 国土交通省海事局船員政策課

Authorized by Seafarers Policy Division Maritime Bureau, Ministry of Land, Infrastructure, Transport and Tourism of Japan

| 自    | 年 | 月 | 日 |
|------|---|---|---|
| From |   |   |   |
| 至    | 年 | 月 | 日 |
| To   |   |   |   |

第 号 No. 見本

衛生管理者·衛生担当者 記録簿
LOG BOOK OF HEALTH SUPERVISOR·HEALTH MANAGER

| 船 名<br>M/S "         | 見 | * |
|----------------------|---|---|
| 船舶所有者名<br>SHIP OWNER |   |   |

## (記載例)

| 年    | 月  | 日  | 記事  |
|------|----|----|---|
| 2012 | 9  | 10 | 衛生用品、医療書、衛生保護具を点検した。法定衛生用品のうち有効期限切れのものについては   |
|      |    |    | 次港で補給することにした。(ペニシリン製剤)  |
|      | 9  | 15 | 船内大掃除を実施。毛布、マット等寝具類の日光消毒を行なった。  |
| 9    |    | 20 | 居室、厨房、配膳室の害虫点検を行なうとともに各自の駆除剤を配布し、   |
|      |    |    | 適宜駆除を実施させることとした。  |
|      | 9  | 21 | 冷凍、冷蔵庫の清掃を実施。   |
| 9 23 |    |    | 飲用水関係機器の点検、整備実施。フィルター、殺菌灯を新替した。   |
|      | 9  | 30 | 船内における衛生に関する船員の意見を聞くため、食堂に「提案箱」を  |
|      |    |    | 設置し、その旨放送で伝達した。   |
|      | 9  | 30 | 船内安全衛生委員会開催。13:00~16:00 出席;船長・機関長・一航士・一機士・甲板長<br>熱帯地方に入ったので、特に暴飲暴食をつつしみ、食中毒に注意するよう要請した。 |
|      | 10 | 1  | 食料・飲用水の必要量・貯蔵状態・貯蔵設備について目視検査を行った。   |
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## (EXAMPLE)

| DATE           | LOG OF HEALTH SUPERVISOR · HEALTH MANAGER   |  |  |  |  |
|----------------|---|--|--|--|--|
| Sept. 10, 2012 | Inspected sanitary supplies, medical manual and sanitary protective apparatuses.  |  |  |  |  |
|                | Expired sanitary supplies (penicillin preparations) will be replaced at the next port of call.                          |  |  |  |  |
| Sept. 15       | Conducted a general cleaning. Disinfected bedclothes such as blankets, mats, etc. by airing outdoors.                   |  |  |  |  |
| Sept. 20       | Checked for vermin in living quarters, galley and pantry, and distributed insecticide to the crew to let them           |  |  |  |  |
|                | exterminate vermin in their rooms.  |  |  |  |  |
| Sept. 21       | Cleaned the freezing chamber and/or refrigerators.  |  |  |  |  |
| Sept. 23       | Inspected and maintained instruments relating to drinking water sanitation.   |  |  |  |  |
|                | Changed filters and sterilizing lights.   |  |  |  |  |
| Sept. 30       | In order to hear the crew's opinions on the shipboard sanitation, decided to place a "suggestion box" in the            |  |  |  |  |
|                | mess-room and notified the crew to that effect by means of a radio announcement.  |  |  |  |  |
| Sept. 30       | Held the ship's safety and health committee meeting from 13:00 to 16:00. (Attend: Cap., C/E,C/O,1/E,B'sn)               |  |  |  |  |
|                | As the ship proceeded into the tropics, requested the crew to abstain from excessive eating and drinking,               |  |  |  |  |
|                | and to be particularly careful of food poisoning.   |  |  |  |  |
| Oct. 1         | Visually checked/inspected the quantities, storage condition and facilities/equipment of drinking water and provisions. |  |  |  |  |
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